Unit 1

Writing - Free writing on any given topic (My favourite place / Hobbies / School life, etc.) - Sentence completion - Autobiographical writing (writing about one’s leisure time activities, hometown, etc.);

Activity 1 - Free writing on any given topic

Free writing helps you loosen up and get over your inhibitions while writing. Follow these guidelines while doing free writing

1. Write nonstop for a set period of time.
2. Do not make corrections as you write.
3. Keep writing, even if you have to write something like, "I don't know what to write."
4. Write whatever comes into your mind.
5. Do not judge or censor or edit or correct what you write.

Exercise 1

Write non-stop for ten minutes on any one of the following topics.

My favourite person

My hometown

My school

My favourite activities

What I like best

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Activity 2 - Sentence completion

Sentence completion exercises are those in which the beginning of sentences are given and you are required to complete the sentence in any way you like. This exercise helps you give expression to your thoughts, ideas, wishes and emotional conflicts.

Although such exercises are normally given as personality tests, they can also be used to develop writing skills as they give one the freedom to explore word and phrase associations. It will also help in autobiographical writing.

Exercise 2

Complete the following sentences.

1. I secretly wish_______________________________________________________________

2. My greatest worry is ________________________________

3. I get angry when _________________________________

4. My best friend _________________________________________

5. Tomorrow I will ________________________________________

6. If I become ___________________________________________

7. I wish I could __________________________________________

8. My family ____________________________________________

9. In future __________________________________________________________________

10. Often I have ___________________________________________
Activity 3 - Autobiographical Writing

This kind of writing helps the student write about himself / herself (This kind of writing is often used as psychometric tests in many contexts.) In autobiographical writing, although there are no definite rules, the student can use descriptive writing and chronological sequencing to write about events in his or her own life. The student should also be able to intersperse description with commentary (on the effects of the events) on his or her life.

Exercise 3

Write about yourself, describing your family, your childhood and your schooling.

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